



PROGRAM SEPTEMBER 2021

FRIDAY SEPTEMBER 10

LE DÉFI DE MONTE-CRISTO 6K WITHOUT FINS

ATTENTION!! BE PUNCTUAL!!!

06:45 • Opening of the village

07:00 • Swimcap pickup from 1 to 196

07:15 • Swimcap pickup from 197 to 358

07:30 • Swimcap pickup from 359 to 844

09:00 • **Race start**

(Your swim cap number is on our registration confirmaiton. It's not possible to change your swim cap number)

12:30 • Prize-giving ceremony

LE DÉFI DE MONTE-CRISTO 4K WITHOUT FINS

From 11:00 to 13h00 • Swimcap pickup from 845 to 1500

13:15 • Security briefing for swimmers

13:15 • Boarding for the Island Degaby

14:00 • **Race Start**

16:00 • Prize-giving ceremony

LE DÉFI OPEN 2K (WITH OR WITHOUT FINS) & PASTA PARTY

18:00 • Swimcap pickup from 1501 to 1906

18:40 • Security briefing for swimmers

19:00 • **Race Start**

20:00 • Prize-giving ceremony & Pasta Party

SATURDAY SEPTEMBER 11

LE DÉFI DE MONTE-CRISTO 6K WITH FINS

ATTENTION!! BE PUNCTUAL!!!

06:45 • Opening of the village

06:45 • Swimcap pickup from 1907 to 2069

07:00 • Swimcap pickup from 2070 to 2242

08:30 • **Race Start- First wave**

08:00 • Swimcap pickup from 2243 to 2404

08:15 • Swimcap pickup from 2405 to 2568

09:30 • **Race Start – Second wave**

(Your swim cap number is on our registration confirmaiton. It's not possible to change your swim cap number)

12:30 • Prize-giving ceremony

LE DÉFI 2.5K WITHOUT FINS

From 11:00 • Swimcap pickup from 2569 to 3295

13:30 • Security briefing for swimmers

14:00 • **Race Start**

15 :30 • Prize-giving ceremony

LE DÉFI JUNIOR 1K (WITH OR WITHOUT FINS)

From 14:00 • Swimcap pickup from 3296 to 3387

15:45 • Security briefing for swimmers

16:00 • **Race Start**

17:00 • Prize-giving ceremony

SUNDAY SEPTEMBER 12

LE DÉFI DE MONTE-CRISTO 6K WITHOUT FINS

ATTENTION!! BE PUNCTUAL!!!

06:45 • Opening of the village

06:45 • Swimcap pickup from 3388 to 3549

07:00 • Swimcap pickup from 3550 to 3796

08:30 • **Race Start - First wave**

08:00 • Swimcap pickup from 3797 to 3958

08:15 Swimcap pickup from 3959 to 4208

09:30 • **Race Start – Second wave**

(Your swim cap number is on our registration confirmaiton. It's not possible to change your swim cap number)

12:30 • Prize-giving ceremony

LE DÉFI 2.5K WITH FINS

From 11:00 • Swimcap pickup from 4209 to 4708

13:30 • Security briefing for swimmers

14:00 • **Race Start**

15 :30 • Prize-giving ceremony

LE DÉFI OPEN 1K (AVEC OU SANS PALMES)

From 14:00 • Swimcap pickup from 4709 to 5000

15:45 • Security briefing for swimmers

16:00 • **Race Start**

17:00 • Prize-giving ceremony