



PROGRAM JUNE 2023

*Your **swim cap number** is on our registration confirmaiton.
It's not possible to change your swim cap number.*

FRIDAY 02 JUNE

5K - without fins

ATTENTION!! BE PUNCTUAL!!!

06:45 • Opening of the village

06:45 • Swimcap pickup from 1 to 244

07:00 • Swimcap pickup from 245 to 488

07:15 • Swimcap pickup from 489 to 736

08:40 • **Race start - First wave**

07:45 • Swimcap pickup from 737 to 983

08:00 • Swimcap pickup from 984 to 1213

08:15 • Swimcap pickup from 1214 to 1433

09:40 • **Race start – Second wave**

12:30 • Prize-giving ceremony

3.5K - without fins

From 11:00 to 13:00 • Swimcap pickup from 1434 to 1954

13:30 • Security briefing for swimmers

13:45 • Boarding to Degaby's Island

14:30 • **Race Start**

16:30 • Prize-giving ceremony

2K AFTERWORK (with or without fins)

17:30 • Swimcap pickup from 1955 to 2524

18:40 • Security briefing for swimmers

19:00 • **Race Start**

20:00 • Prize-giving ceremony & After Work

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SATURDAY 03 JUNE

5K - with fins

ATTENTION!! BE PUNCTUAL!!!

06:45 • Opening of the village

06:45 • Swimcap pickup from 2525 to 2743

07:00 • Swimcap pickup from 2744 to 2960

07:15 • Swimcap pickup from 2961 to 3172

08:40 • **Race Start- First wave**

07:45 • Swimcap pickup from 3173 to 3389

08:00 • Swimcap pickup from 3390 to 3601

08:15 • Swimcap pickup from 3602 to 3832

09:40 • **Race Start – Second wave**

12:30 • Prize-giving ceremony

2.5K - without fins

From 11:00 • Swimcap pickup from 3833 to 4619

13:30 • Security briefing for swimmers

14:00 • **Race Start**

15:30 • Prize-giving ceremony

2K TEAM (with or without fins)

From 14:00 • Swimcap pickup from 4620 to 5200

15:45 • Security briefing for swimmers

16:00 • **Race Start**

17:00 • Prize-giving ceremony

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SUNDAY 04 JUNE

5K REGION SUD - without fins

ATTENTION!! BE PUNCTUAL!!!

06:45 • Opening of the village

06:45 • Swimcap pickup from 101 to 319

07:00 • Swimcap pickup from 320 to 546

07:15 • Swimcap pickup from 547 to 766

08:40 • **Race Start**

6K REGION SUD - without fins

07:45 • Retrait des bonnets de 767 to 989

08:00 • Retrait des bonnets de 990 to 1202

08:15 • Retrait des bonnets de 1203 to 1405

09:40 • **Race Start – Second wave**

12:30 • Prize-giving ceremony 5K REGION SUD & 6K REGION SUD

2.5K with fins

From 11:00 • Swimcap pickup from 1406 to 1834

13:30 • Security briefing for swimmers

14:00 • **Race Start**

15:30 • Prize-giving ceremony

1K (avec ou sans palmes)

From 14:00 • Swimcap pickup from 1835 to 2398

15:45 • Security briefing for swimmers

16:00 • **Race Start**

17:00 • Prize-giving ceremony